



Navigators Discipleship Tool

5x5x5

New Testament Bible Reading Plan

Read through the New Testament in 5 days a week, 5 minutes a day.

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?



Download the detailed 5x5x5 plan at navlink.org/newtestament

THIS TOOL IS MEANT TO BE SHARED.

DATE	CHAPTER	DATE	CHAPTER	DATE	CHAPTER
Week 37	1 Timothy	Week 42	John	Week 47	1 Peter
1	<input type="checkbox"/>	1	<input type="checkbox"/>	1	<input type="checkbox"/>
2	<input type="checkbox"/>	2	<input type="checkbox"/>	2	<input type="checkbox"/>
3	<input type="checkbox"/>	3	<input type="checkbox"/>	3	<input type="checkbox"/>
4	<input type="checkbox"/>	4	<input type="checkbox"/>	4	<input type="checkbox"/>
5	<input type="checkbox"/>	5	<input type="checkbox"/>	5	<input type="checkbox"/>
Week 38	2 Timothy	Week 43	Week 44	Week 48	Jude
6	<input type="checkbox"/>	6	<input type="checkbox"/>	1	<input type="checkbox"/>
1	<input type="checkbox"/>	7	<input type="checkbox"/>	2	<input type="checkbox"/>
2	<input type="checkbox"/>	8	<input type="checkbox"/>	3	<input type="checkbox"/>
3	<input type="checkbox"/>	9	<input type="checkbox"/>	4	<input type="checkbox"/>
4	<input type="checkbox"/>	10	<input type="checkbox"/>	5	<input type="checkbox"/>
Week 39	Titus	11	<input type="checkbox"/>	6	<input type="checkbox"/>
1	<input type="checkbox"/>	12	<input type="checkbox"/>	7	<input type="checkbox"/>
2	<input type="checkbox"/>	13	<input type="checkbox"/>	8	<input type="checkbox"/>
3	<input type="checkbox"/>	14	<input type="checkbox"/>	9	<input type="checkbox"/>
Week 40	1 John	15	<input type="checkbox"/>	10	<input type="checkbox"/>
1	<input type="checkbox"/>	16	<input type="checkbox"/>	11	<input type="checkbox"/>
2	<input type="checkbox"/>	17	<input type="checkbox"/>	12	<input type="checkbox"/>
3	<input type="checkbox"/>	18	<input type="checkbox"/>	13	<input type="checkbox"/>
4	<input type="checkbox"/>	19	<input type="checkbox"/>	14	<input type="checkbox"/>
5	<input type="checkbox"/>	20	<input type="checkbox"/>	15	<input type="checkbox"/>
Week 41	2 John	21	<input type="checkbox"/>	16	<input type="checkbox"/>
1	<input type="checkbox"/>	22	<input type="checkbox"/>	17	<input type="checkbox"/>
Week 42	3 John	18	<input type="checkbox"/>	18	<input type="checkbox"/>
1	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
Week 43	1 Peter	20	<input type="checkbox"/>	20	<input type="checkbox"/>
1	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
2	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
3	<input type="checkbox"/>	Week 44	Week 45	Week 49	Revelation
4	<input type="checkbox"/>	Week 46	Week 47	1	<input type="checkbox"/>
5	<input type="checkbox"/>	1 Thessalonians	2 Thessalonians	2	<input type="checkbox"/>
Week 44	2 Thessalonians	1	<input type="checkbox"/>	3	<input type="checkbox"/>
1	<input type="checkbox"/>	2	<input type="checkbox"/>	4	<input type="checkbox"/>
2	<input type="checkbox"/>	3	<input type="checkbox"/>	5	<input type="checkbox"/>
3	<input type="checkbox"/>	4	<input type="checkbox"/>	Week 50	Week 51
4	<input type="checkbox"/>	5	<input type="checkbox"/>	8	<input type="checkbox"/>
5	<input type="checkbox"/>	Week 47	Week 48	9	<input type="checkbox"/>
Week 45	Week 46	10	<input type="checkbox"/>	10	<input type="checkbox"/>
11	<input type="checkbox"/>	11	<input type="checkbox"/>	11	<input type="checkbox"/>
12	<input type="checkbox"/>	12	<input type="checkbox"/>	12	<input type="checkbox"/>
13	<input type="checkbox"/>	13	<input type="checkbox"/>	13	<input type="checkbox"/>
14	<input type="checkbox"/>	14	<input type="checkbox"/>	14	<input type="checkbox"/>
15	<input type="checkbox"/>	15	<input type="checkbox"/>	15	<input type="checkbox"/>
Week 46	Week 47	16	<input type="checkbox"/>	16	<input type="checkbox"/>
16	<input type="checkbox"/>	17	<input type="checkbox"/>	17	<input type="checkbox"/>
17	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
18	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
19	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
20	<input type="checkbox"/>	Week 48	Week 49	21	<input type="checkbox"/>
Week 47	Week 48	21	<input type="checkbox"/>	22	<input type="checkbox"/>
1 Thessalonians	2 Thessalonians	22	<input type="checkbox"/>	Week 52	Week 53
1	<input type="checkbox"/>	1	<input type="checkbox"/>	18	<input type="checkbox"/>
2	<input type="checkbox"/>	2	<input type="checkbox"/>	19	<input type="checkbox"/>
3	<input type="checkbox"/>	3	<input type="checkbox"/>	20	<input type="checkbox"/>
4	<input type="checkbox"/>	4	<input type="checkbox"/>	21	<input type="checkbox"/>
Week 48	Week 49	5	<input type="checkbox"/>	22	<input type="checkbox"/>
18	<input type="checkbox"/>	Week 49	Week 50	Week 52	Week 53
19	<input type="checkbox"/>	2	<input type="checkbox"/>	18	<input type="checkbox"/>
20	<input type="checkbox"/>	3	<input type="checkbox"/>	19	<input type="checkbox"/>
21	<input type="checkbox"/>	4	<input type="checkbox"/>	20	<input type="checkbox"/>
22	<input type="checkbox"/>	5	<input type="checkbox"/>	21	<input type="checkbox"/>
Week 50	Week 51	Week 52	Week 53	Week 54	Week 55
8	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
9	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
10	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
11	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
12	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 51	Week 52	Week 53	Week 54	Week 55	Week 56
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 52	Week 53	Week 54	Week 55	Week 56	Week 57
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 53	Week 54	Week 55	Week 56	Week 57	Week 58
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 54	Week 55	Week 56	Week 57	Week 58	Week 59
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 55	Week 56	Week 57	Week 58	Week 59	Week 60
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 56	Week 57	Week 58	Week 59	Week 60	Week 61
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 57	Week 58	Week 59	Week 60	Week 61	Week 62
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 58	Week 59	Week 60	Week 61	Week 62	Week 63
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 59	Week 60	Week 61	Week 62	Week 63	Week 64
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 60	Week 61	Week 62	Week 63	Week 64	Week 65
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 61	Week 62	Week 63	Week 64	Week 65	Week 66
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 62	Week 63	Week 64	Week 65	Week 66	Week 67
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 63	Week 64	Week 65	Week 66	Week 67	Week 68
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 64	Week 65	Week 66	Week 67	Week 68	Week 69
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 65	Week 66	Week 67	Week 68	Week 69	Week 70
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 66	Week 67	Week 68	Week 69	Week 70	Week 71
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 67	Week 68	Week 69	Week 70	Week 71	Week 72
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 68	Week 69	Week 70	Week 71	Week 72	Week 73
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 69	Week 70	Week 71	Week 72	Week 73	Week 74
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 70	Week 71	Week 72	Week 73	Week 74	Week 75
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/>	20	<input type="checkbox"/>	20	<input type="checkbox"/>
16	<input type="checkbox"/>	21	<input type="checkbox"/>	21	<input type="checkbox"/>
17	<input type="checkbox"/>	22	<input type="checkbox"/>	22	<input type="checkbox"/>
Week 71	Week 72	Week 73	Week 74	Week 75	Week 76
13	<input type="checkbox"/>	18	<input type="checkbox"/>	18	<input type="checkbox"/>
14	<input type="checkbox"/>	19	<input type="checkbox"/>	19	<input type="checkbox"/>
15	<input type="checkbox"/> </				

The Navigators

New Testament Reading Plan

DATE CHAPTER ✓

Week 1

Mark

- 1
- 2
- 3
- 4
- 5

Week 2

- 6
- 7
- 8
- 9
- 10

Week 3

- 11
- 12
- 13
- 14
- 15

Week 4

- 16
- 1
- 2
- 3
- 4

Acts

Week 5

- 5
- 6
- 7
- 8
- 9

Week 6

- 10
- 11
- 12
- 13
- 14

DATE CHAPTER ✓

Week 7

- 15
- 16
- 17
- 18
- 19

Week 8

- 20
- 21
- 22
- 23
- 24

Week 9

- 25
- 26
- 27
- 28

Hebrews

Week 10

- 1
- 2
- 3
- 4
- 5
- 6

Week 11

- 7
- 8
- 9
- 10
- 11

Week 12

- 12
- 13
- 1
- 2
- 3

DATE CHAPTER ✓

Week 13

- 4
- 5
- 6

James

- 1
- 2

Week 14

- 3
- 4
- 5

Matthew

- 1
- 2

Week 15

- 3
- 4
- 5
- 6
- 7

Week 16

- 8
- 9
- 10
- 11
- 12

Week 17

- 13
- 14
- 15
- 16
- 17

Week 18

- 18
- 19
- 20
- 21
- 22

DATE CHAPTER ✓

Week 19

- 23
- 24
- 25
- 26
- 27

Week 20

- 28

Romans

- 1
- 2
- 3
- 4

Week 21

- 5
- 6
- 7
- 8
- 9

Week 22

- 10
- 11
- 12
- 13
- 14

Week 23

- 15
- 16

Ephesians

- 1
- 2
- 3

Week 24

- 4
- 5
- 6
- 1
- 2

DATE CHAPTER ✓

Week 25

- 3
- 4

Colossians

- 1
- 2
- 3

Week 26

- 4

Philemon

- 1

Luke

- 1
- 2
- 3

Week 27

- 4
- 5
- 6
- 7
- 8

Week 28

- 9
- 10
- 11
- 12
- 13

Week 29

- 14
- 15
- 16
- 17
- 18

Week 30

- 19
- 20
- 21
- 22
- 23

DATE CHAPTER ✓

Week 31

- 24

1 Corinthians

- 1
- 2
- 3
- 4

Week 32

- 5
- 6
- 7
- 8
- 9

Week 33

- 10
- 11
- 12
- 13
- 14

Week 34

- 15
- 16

2 Corinthians

- 1
- 2
- 3

Week 35

- 4
- 5
- 6
- 7
- 8

Week 36

- 9
- 10
- 11
- 12
- 13

(Fold Here)